

BULLYPROOF®

Shields

by Arthur Kanegis.

Bullyproof yourself by employing the shields, a *natural security policy* for dealing with any conflict, anyone trying to "bully" you whether it's your boss, parent, teacher, child, friend or even an opposing tribe or nation.

Bustout Bear

Bust away from the current fray,
When tempers cool, then make your play.
Why ram right through the middle?
Try an end-run to solve your riddle.

Understanding Unicorn

Understand what makes a bully tick.
Your brain is better than a big ol' stick.
Understand that inside the bully
are fears and hopes you don't know fully.

Listening Lynx

Listen with your heart, as well as your ears,
Behind loud anger, hear doubts and fears.
When little things don't get heard,
They build 'n build 'til it gets absurd!

Loving Lion

Love the doer; But not the bad deed
Appeal to the good, the inner seed.
All are born with a seed of genius
A buried core that's free of meanness.

Yin Yang Yak

Yes and no, boy and girl,
Balance inside us in a Yin Yang whirl.
Opportunity springs from crisis,
Opposites: they energize us.

Picturing Porpoise

Picture your own happy ending.
Play a game of pretending:
Everything begins with thought.
Create a vision of the way things ought.

Respectful Raven

Respect the bully, yourself and Mother Earth,
In each of these you'll find great worth.
We all need love and recognition.
Give it to 'em! That's real ammunition!

Originating Otter

Originate a win-win way.
Don't make a loser or we'll all pay.
The humiliated stew 'n plot retaliation
Co-winners give you their admiration

Overseeing Owl says:

Oversee the chaotic fray,
from a wider vision, a wiser way:
Rise above wrong or right,
Wield the power of a higher sight.

Fearless Fox says:

Fearless, strong, way aboveboard,
Stand tall, heroic, without weapon or sword.
We know that fear attracts attack,
Now our shield can turn it back!

**We've got a better way than fight or flight, We've got the power rooted in what's right.
Tuned to channel insight, Flashing inner light, We're the rad dudes with the dyna-kinda might.
You Gotta be BULLYPROOF!**